

Now, Next and Then can help children with transition between activities, it enables them to feel secure, promotes routine and predictability, can help children to complete a task and supports receptive and expressive language.

How to use it.

Left to right

“First” task to be followed by a motivating “next” task e.g. colouring or game “then” another task

Can be used with a sandtimer

You can write the tasks on or use visual pictures which can be removed

| NOW | NEXT | THEN |
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